



standingforward.com

AUTHENTICITY IS OFTEN...	<i>...and doesn't seem to be...</i>
Honest/sincere	<i>Calculating/manipulative</i>
Encouraging	<i>Critical</i>
Consistent	<i>Random</i>
Discerning	<i>Judgmental</i>
Accountable	<i>Blaming</i>
Connected	<i>Separate</i>
Comfortable	<i>Anxious</i>
Free of fear	<i>Defensive</i>
Kind	<i>Hurtful</i>
Peaceful	<i>Chaotic</i>
Joyous	<i>Melancholy</i>
Responsive/intentional	<i>Reactive</i>
Open	<i>Hiding</i>
Service mindset	<i>Victim mindset</i>
Personable	<i>Aloof</i>
Optimistic	<i>Pessimistic</i>
Grounded	<i>Unstable</i>
Learning orientation	<i>Lacking orientation</i>
Compassionate/empatic	<i>Limited/projective</i>
Forgiving	<i>Forgetful</i>
Intuitive	<i>Doubtful</i>